



## Lite Bites Menu: Price List

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The following prices are for the Lite Bites menu, Healthy Bites' standard meal program that serves animal protein, including organic chicken, wild-caught fish, local eggs and dairy. Prices include meals for one person.

### Total Health Program (3 meals & 2 snacks per day):

7 days (35 meals): \$275/week  
6 days (30 meals): \$240/week  
5 days (25 meals): \$205/week  
4 days (20 meals): \$165/week  
3 days (15 meals): \$127/week

### Main Meals Program (3 meals per day):

7 days (21 meals): \$238/week  
6 days (18 meals): \$208/week  
5 days (15 meals): \$175/week  
4 days (12 meals): \$143/week  
3 days (9 meals): \$108/week

### Half Day Health (Lunch and Dinner daily):

7 days (14 meals): \$175/week  
6 days (12 meals): \$150/week  
5 days (10 meals): \$127/week  
4 days (8 meals): \$102/week  
3 days (6 meals): \$78/week

### Half Day Health (Lunch, dinner & 2 snacks per day):

7 days (28 meals): \$222  
6 days (24 meals): \$191  
5 days (20 meals): \$162  
4 days (16 meals): \$131  
3 days (12 meals): \$100

**Just Dinner Program (Dinner daily):**

7 days (7 meals): \$97/week

6 days (6 meals): \$84/week

5 days (5 meals): \$71/week

4 days (4 meals): \$57/week

3 days (3 meals): \$43/week

**Just Lunch Program (Lunch daily):**

7 days (7 meals): \$77

6 days (6 meals): \$67

5 days (5 meals): \$56

4 days (4 meals): \$46

3 days (3 meals): \$34.50