



Lite Bites Menu: Price List

The following prices are for the Lite Bites menu, Healthy Bites' standard meal program that serves animal protein, including organic chicken, wild-caught fish, local eggs and dairy. Prices include meals for one person.

Total Health Program (3 meals & 2 snacks per day):

7 days (35 meals): \$275/week
6 days (30 meals): \$240/week
5 days (25 meals): \$205/week
4 days (20 meals): \$165/week
3 days (15 meals): \$127/week

Main Meals Program (3 meals per day):

7 days (21 meals): \$238/week
6 days (18 meals): \$208/week
5 days (15 meals): \$175/week
4 days (12 meals): \$143/week
3 days (9 meals): \$108/week

Half Day Health (Lunch and Dinner daily):

7 days (14 meals): \$175/week
6 days (12 meals): \$150/week
5 days (10 meals): \$127/week
4 days (8 meals): \$102/week
3 days (6 meals): \$78/week

Just Dinner Program (Dinner daily):

7 days (7 meals): \$97/week
6 days (6 meals): \$84/week
5 days (5 meals): \$71/week
4 days (4 meals): \$57/week
3 days (3 meals): \$43/week